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Athens, 12/02/2021 Cert.Num: 2021-C00864

Analysis Date: 12/02/2021

CERTIFICATE OF ANALYSIS

Brand Name: sealed bottle Vassae lot number 5220

Owner: MAUROEIDIS DIMITRIOS

Variety: MULTIVARIETAL **Origin:** ILIA (ELIS) GREECE

Chemical Analysis

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Oleocanthal	107	mg/Kg
Oleacein	69	mg/Kg
Oleocanthal + Oleacein (index D1)	176	mg/Kg
Ligstroside aglycon (monoaldehyde form)	30	mg/Kg
Oleuropein aglycon (monoaldehyde form)	46	mg/Kg
Ligstroside aglycon (dialdehyde form)	209	mg/Kg
Oleuropein aglycon (dialdehyde form)	129	mg/Kg
Free Tyrosol	<5	mg/Kg
Total tyrosol derivatives	346	mg/Kg
Total hydroxytyrosol derivatives	244	mg/Kg
Total polyphenols analyzed	590	mg/Kg

Comments:

The daily consumption of 20 g of the analyzed olive oil provides 11.8 mg of hydroxytyrosol, tyrosol or their derivatives. Olive oils that contain >5 mg per 20 gr belong to the category of oils that protect the blood lipids from oxidative stress according to the Regulation 432/2012 of the European Union.

It should be noted that oleocanthal and oleacein present important biological activity and they have been related with anti-inflammatory, antioxidant, cardioprotective and neuroprotective activity.

The chemical analysis was performed according to the method published in J.Agric. Food Chem., 2012, 60 (47) , pp 11696-11703, J.Agric. Food Chem., 2014 62 (3) , 600-607 and OLIVAE, 2015, 122, 22-33.

*Oleomissional+Oleuropeindial **Ligstrodial+Oleokoronal

Magiatis Prokopios

PROKOPIOS MAGIATIS

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